INTERNATIONAL CAMPOREE MEDICAL NEWS

Please read information below:

Hello SWRC Pathfinder Directors. AACs. and ACs.

Please review information below to give you overall information concerning the Medical News for International Camporee and information for concerning SWRC HIPE (Health/Medical Intervention during Pathfinder Events).

International Camporee

- This is a notice to pathfinders about how to access emergency Medical & Saftey support.
- Just fyi to all leaders & community support leadership. Feel free to share with anyone.
 - DO NOT USE 911 for Medical or Safety emergency.
 - Camporee has professional medical & law enforcement staff onsite 24/7.
- Medical Emergency
 - o 307-685-9401
 - o **307-685-9402**
 - o **307-685-9404**
 - Radio Channel #15
- Safety Emergency
 - o 307-685-9405
 - o 307-685-9414
 - Radio Channel #13.
- Put these important numbers into your phone speed dial. Tip of the day.
- Medical Team & Service Open 24/7
 - THE MEDICAL/FIRST AID BUILDING IS LOCATED ON THE BASEMENT LEVEL OF THE MORNINGSIDE GRANDSTAND BUILDING.
- Read This First Extremely Important
 - From your Medical Leadership Team (Dr. David Mayor, MD;Pamela Krueger, MSN, RN; Cindy Aguinaga, BSN, RN)
 - It is extremely important, imperative, and directly related to the success of each camper to follow these expectations, which are also outlined in the podcast <u>Listen here!</u> created by the medical team. Your safety and an amazing experience is our utmost goal.
 - The medical team members are licensed and trained; however, we are limited in our resources. We will do what we do best with love, kindness, skill, and prayer.
 - The medical team is NOT equipped to manage chronic diseases You must
 bring ALL prescription medications plus a little extra just in case

- Each club leader should bring basic first aid supplies:
 - Tylenol, Advil, Band-Aids, peroxide, disposable ice packs
 - KEEP ALL MEDICATION SECURED and only accessible by adults
- o If anyone is a diabetic, please bring ALL medications and testing supplies
- If anyone is asthmatic, please bring ALL inhalers and rescue inhalers
- Please make sure that medication for anxiety, high blood pressure,
 gastrointestinal concerns, etc., are packed with enough to cover the
 time gone and a little extra
- If you require special "Durable Medical Equipment" such as wheelchairs, please be advised that there are sidewalks, however, access to the various campsites is rough terrain
- The medical team is **not equipped and/or responsible** to provide you with the specialized equipment and/or supplies that are needed

Medical Support Care

- The medical building will be staffed with doctors and nurses 24/7 as well as EMS/First Responder teams that will be on golf carts roaming the grounds throughout the day and until after the evening program is completed and everyone is settled in for the night.
- Medical service at the Pathfinder Camporee is created to provide additional support for the well-planned healthcare that each Pathfinder club plans to provide for each of its own members. The medical service team is a group of volunteer professionals (Doctors, Nurses, EMS providers, Pharmacists and support staff) who will provide medical care on the Camporee campground as guests in a community which provides excellent healthcare. The entire medical team will operate within Wyoming state as well as local regulations and requirements.
- Beyond the care that each club gives to its members, the medical team will provide complimentary First Responder service. EMS providers that

volunteer for this service will be well qualified to provide onsite First Responder service. Not only providing basic medical service but transporting patients that they deem need more care to the main medical clinic for care by a physician. If the patient requires more medical care than the clinic setting allows, they will be transported to a local community clinic or hospital. This transportation will be provided by the Medical Service Vans or if more support for transport is required, the local EMS will provide the transportation. There will be a dedicated Ambulance parked onsite at the medical clinic for immediate support.

Safety Preparedness and Wellness Information Podcast

• You may listen to the Podcast on the International Camporee site

Personal Oxygen Tank Usage

 If any campers (adult or Pathfinders) require Oxygen tanks for personal use, please contact <u>Pamela Krueger</u>. This information is needed to alert the DME company for keeping a supply on hand in the event it is needed.

Vaccinations

 Please bring vaccination and tetanus records with you for all campers (adults & Pathfinders) in the event there is a concern about a contagious disease. If the adult or Pathfinder has not been immunized, please make a note on their medical history form.

Don't Play with the Animals

- Please read the Don't Play with the Animals flyer. Many animals carry diseases that can be transmitted to humans and make you very ill. You will see many animals in and around the Gilette, WY area, but we ask you not to touch them to keep you and your Pathfinders safe.
- View the Don't Play with the Animals Flyer



If You Need to Call On-Site Emergency Service

ontact Safety or Medical if a problem or issue arises, using the phone numbers listed below. Do not call 911.

The quickest, easiest way to obtain professional help for any type of emergency is to call:

- Camporee Safety Emergency Dispatch: 307-685-9405 or 307-685-9414 or radio channel #13
- When calling, stay calm and carefully explain the problem and your location to the Camporee Safety Dispatcher.
- Do not hang up until you are told to do so.

There is an ambulance on site, therefore, call:

- Medical/Ambulance dispatch first: 307-685-9401, 307-685-9402, or 307-685-9404 or radio channel #15
- When calling, stay calm and carefully explain the problem and your location to the Camporee Medical Dispatcher.
- Do not hang up until you are told to do so.

Important Medical Helps for Everyone

Letters to Clubs from the 2024 Medical Team

<u>Tips & Important Information from your Medical Team</u>

- What's in your First Aid Kit?
- Heat stroke vs. Heat exhaustion

PARENTS/GUARDIANS FILL OUT FORM BELOW FOR YOUR CHILD AND GIVE IT TO YOUR CLUB PATHFINDER DIRECTOR BEFORE THE CAMPOREE. CLUB PATHFINDER LEADERS WILL BRING THIS FORM TO THE MEDICAL BUILDING IF YOUR CHILD NEEDS MEDICAL ATTENTION.

• Medical Information Form

If you have any questions please contact Pam Krueger, Medical Coordinator.

Camporee Health Tips

Drink Water Use Hand Sanitizer Regarding Food Sun Exposure

Local Area Hospitals & Clinics

Campbell County Memorial - Hospital

501 South Burma Avenue, Gillette, WY 82716

Phone: 307-688-1000

Hours of Operation:

24 hours/day, 7 days a week. Individual departments vary

Campbell County Health - Clinic

501 South Burma Avenue, Gillette, WY 82716

Phone: (307) 688-1000

Hours of Operation:

- Monday-Friday, 8 am-8 pm, Last patient taken at 7:30 pm
- Saturday-Sunday, 8 am-6 pm, Last patient taken at 5:30 pm

Website - Walk in Clinic

Campbell County Medical Kid Clinic

800 Butler-Spaeth Rd, Gillette, WY 82716

Phone: 307-688-8700

Location Hours:

Monday-Friday, 8 am-5 pm; Closed for lunch, noon-1 pm

Website

Local Pharmacies

Smith's Pharmacy

906 Camel Dr, Gillette, WY 82716

Phone: 307-682-1217

Hours of Operation:

Sun: 10:00 AM - 5:00 PM

Mon - Fri: 9:00 AM - 8:00 PM

• Sat: 9:00 AM - 6:00 PM

Website

Walgreens Pharmacy

2000 S Douglas Hwy, Gillette, WY 82718

Phone: 307-682-4517

Hours of Operation:

• Mon - Fri: 8am - 10pm

• Sat: 9am - 6pm

• Sun: 10am - 6pm

Website

Walmart Pharmacy

2300 S Douglas Hwy, Gillette, WY 82718

Phone: 307-686-5166

Hours of Operation:

Mon - Sat: 9am - 7pm

• Sun: 10am - 6pm

Osco Pharmacy

2610 S Douglas Hwy, Gillette, WY 82718

Phone: 307-687-2996

Hours of Operation:]

Mon-Fri: 8:00am - 7:00pm

Sat: 9:00am - 6:00pmSun: 10:00am - 4:00pm

Website

AUGUST 5-11, 2024 · GILLETTE, WYOMING

SWRC Important information concerning Medical HIPE

- The medical team is excited to assist with the Health/Medical Intervention during Internation Pathfinder Camporee in Gilette Wyoming. We look forward to being of service to you and your Pathfinders in our local areas for SWRC.
- August 5-11is in one week. I am sure that you are diligently working to finalize your trip to the International Camporee in Gilette Wyoming.
- The SWRC Pathfinder Medical team has a few requests and expectations to ensure that we can provide optimum minor service to the SWRC Pathfinder Conference during International Camporee. Our goal is to work toward keeping everyone healthy and safe along with the Primary Medial Team.
- Please read this information carefully and work with your individual Pathfinders and staff and share this information with them. Please provide the appropriate instructions and education needed to make this Camporee as safe and healthy as possible.
- The International Medical Team for the International Camporee will provide major medical interventions during this Camporee. Please assist the International Medical Staff servicing the entire Camporee during medical emergencies. SWRC, security, and/or the Area Coordinators will assist helping the ambulance/emergency vehicles or Fire Department with locations to the campsite needing assistance.
- Please instruct every member of your club to move quickly out of the path of local emergency vehicles approaching being led/directed by the camp's security or medical staff.
- Develop a system and process within your camping areas/clubs and with surrounding clubs to provide directions to your site. Please be sure to have flashlights working and quickly available to direct us (medical team) at night should they need to respond.
- Please complete the medical form and medical release form for each person (adult staff and Pathfinders), which has been emailed to the Directors.
 Please bring two printed copies of the form with you. One to keep at your camp site and the other to bring with you if you need to visit the medical staff at the assigned 1st Aide campsite. You can also turn the form into the medical staff when you get to the International Camporee after you have set up your Campsite.
- HIPE will be stationed at the SWRC Headquarters.
- Each person attending camp is required to have a completed form, including person 18 and older. Make two copies of the form. Have parents or guardians sign both forms, no photocopies of signatures. You will turn in a copy of the forms at check-in; they will be returned at check-out. Once again, be sure to keep a set of the Medical Consent forms at you campsite.
- Water is important, so to avoid dehydration and constipation please be sure to HYDRATE frequently.

- Dehydration is the number one health issue we have during summer/spring camporee. Please, please make sure everyone in your camp is drinking enough water. We recommend that each pathfinder have a canteen or other refillable water container with a strap or lanyard, and they fill it in camp each time they leave the campsite. This may work better than a water bottle that they may set down and leave it some place and not drink.
- Be on the lookout for signs of dehydration:
 - Dry or sticky mouth Dry cool skin
 - Few or no tears when crying · Lethargy of irritability
 - Eyes that look sunken into the head · Fatigue or dizziness
 - Lack of urine
- Please come prepared for various temperatures. Please plan to drink enough water to stay hydrated, wash your hands frequently, and please remember to practice safe hygiene, to help keep a low risk of spreading germs.
- Leaders a well-stocked 1st Aide kit is vital, therefore suggestions of supplies to stock your 1st kit are listed below.

Camporee Pathfinder Club First Aid Kit

Here is a list of some of the basic things everyone should have on hand in their First Aid kit at the Camporee. Serious injuries may occur and will require more advanced care, therefore, th Medical Staff will be available to assist. Otherwise, the list below should see you through most minor injuries. Packaged in an airtight container (Ziploc, Rubbermaid, et.):

- Ace wraps
- Aloe Vera gel
- Antacid
- Antibiotic ointment (Triple antibiotic, Neosporin, etc.)
- Anti-diarrhea medication
- Aspirin or Ibuprofen
- Band-Aids of assorted sizes
- Eye wash solution
- Gauze bandages
- Gauze pads (4x4s)
- Laxative
- Moleskin
- Personal prescriptions
- Scissors
- Sunscreen
- Tampons and/or pads

- Tape (1" cloth tape)
- Tweezers
- Leaders of Clubs can help in assisting the medical team utilize and maintain best practice if you and your clubs are responsible for bringing some of the following basic supplies:
 - Tylenol/Ibuprofen
 - Band-Aids (various sizes)
 - Ice packs (ones that turn cold once cracked)
- PLEASE ensure that if you have members of your club with special medical needs be sure that ALL of their medications and supplies are with them before coming to camp site.
 - Epi pens
 - Diabetic medication/supplies
 - Asthma inhalers/other equipment needed
- Please make sure that you plan meals to ensure that the members of your club are getting enough fiber and drinking enough water to avoid dehydration and constipation.
- Please remind your clubs to drink plenty of water, wash your hands frequently, use hand sanitizer after using the Port-o-lets, before and after eating, frequent use of hand sanitizer between each activity, consistently cleaning of your eating areas, and practicing optimal hygiene and cleanliness when using the restrooms and showers. Please remind everyone to clean up after themselves in the showers and the restrooms.

Please direct all questions, comments, concerns, or suggestions to me at the following

e-mail addresses:

tmpathfinders7@qmail.com or patriciamaxwell27@yahoo.com

Thank you in advance for your leadership during "International Camporee, Gillette Wyoming. The medical team will look forward in working with you during this camporee and providing spiritually driven medical care.

In His Service,

Patricia Maxwell BSN, RN (Chair of HIPE)

Coordinator for Medical Staff for SWRC during International Camporee Pathfinder Event

Area Coordinator for North Central Texas Southwest Region Conference